

A quote from a letter from Bishop David O'Connell:

*“Permit me please, as your Bishop, to encourage you to use all the means available to sustain and nurture your faith. **Follow Masses and other liturgical celebrations reverently on-line or via televised broadcast.** Read the liturgical readings in your missals, other publications or on the internet. Pray your devotions privately or as families, especially the Rosary, Stations of the Cross, and other beloved traditional devotions. Where it is possible and permitted, stop in church to visit and adore the Blessed Sacrament. If this is not possible, make a spiritual communion at home or wherever you may be. The great saints in our Church’s history followed that practice. Keep your faith and prayer life alive until things in our public practice of the faith is restored.*

Above all, please remember that the Lord Jesus is in our midst, now and always. As he touched lives, healed the sick and ministered with love and merciful compassion throughout the Gospels, know that he will continue to do so for us. Have no doubt about that. “Be joyful in hope, persevere in hardship, keep praying regularly (Romans 12:12).”

Parishes in the Diocese of Trenton that are livestreaming Masses:

Monmouth County

- **St. Anthony of Padua, Red Bank**, 4 p.m. Mass on Saturday and 5 p.m. Misa en español el sábado. Bilingual daily Masses streamed at 8 a.m. on Monday, Wednesday and Friday.
- **Nativity Parish, Fair Haven**. Father James Grogan, pastor, said private Masses will be celebrated Monday through Saturday at 8 a.m., followed by Eucharistic Adoration until noon each day. The 8 a.m. Mass may be viewed by clicking on this link: <https://video.nest.com/live/1Iw5QKCrC9>. Adoration is also streamed, and the church is open for visits and prayer from 8:30 to noon, Monday through Saturday. On Sundays, only the 9:30 a.m. Mass will be livestreamed.
- **St. Benedict Parish, Holmdel**, livestreams weekday Masses, Monday-Saturday, at 9 a.m. On weekends, the 5 p.m. Saturday Vigil Mass and 8 a.m. Sunday Mass are livestreamed.
- **St. Catharine-St. Margaret, Spring Lake**, is livestreaming Masses at noon, Monday-Friday; 5 p.m. on Saturday at 10:30 a.m. on Sunday. To view, visit <https://www.stcatharine-stmargaret.org/live-stream/>
- **St. Catherine Laboure Parish, Middletown**, will livestream all private Masses on the parish Facebook page which can be viewed by clicking [here](#). The Masses will then be available on Youtube and posted to the parish website, STCATHEK.org.
- **Our Lady of Fatima, Keyport**, on Saturday at 4 p.m. in English, Sunday at 9 a.m. in English, Domingo a las 10:30 a.m. en español, Wednesday 6:30 PM bilingual exposition of the Blessed Sacrament
- **Christ the King, Long Branch**, Sunday Masses: 9 a.m. (portugues); 10:30 a.m. (English); 12 p.m. (español) on [Fr. Javier Díaz' Youtube channel](#)
- **St. Rose Parish, Belmar**, will livestream Masses on the homepage of the parish website Saturdays at 5 p.m.; Sundays at 11:30 a.m. and daily Mass Monday through Friday at 9 a.m. To view, click [here](#).
- **St. Catharine Parish, Holmdel**, recorded Mass for March 22, the Fourth Sunday of Lent, on the parish YouTube channel, <https://youtu.be/0X2piF0Ly7o>. The link is also posted to the parish website, stcatharine.net.

In addition, there are other national resources where Masses may be viewed:

- [Heart of the Nation](#): Type in your Zip code for information.
- Comcast: Monmouth & Ocean, Channel 190, Mass is televised at 9 a.m. Sundays.
- [WPVI Channel 6](#) in Philadelphia has Mass every Sunday at 5:30 a.m.
- [The National Catholic Broadcasting Council](#) (NCBC): The Catholic Faith Network is available on Optimum channel 29/137, Verizon FIOS TV channel 296 and Charter Spectrum channel 162/471 throughout the New York, New Jersey and Connecticut area. CFN is also available on selected cable and satellite systems nationwide, along with vast on-demand library of original programming and a high quality 24.7 live stream.

- [The Catholic Faith Network](#): (Once logged into the website, click on the Schedule tab and then the date). The Catholic Faith Network is available on Optimum channel 29/137, Verizon FIOS TV channel 296 and Charter Spectrum channel 162/471 throughout the New York, New Jersey and Connecticut area. CFN is also available on selected cable and satellite systems nationwide, along with a vast on-demand library of original programming and a high quality 24.7 live stream.

- [Catholic TV](#): Check the website for availability in your area.

- [Eternal Word Television Network](#): daily Mass at 8 a.m. and noon.

- [Catholic TV Network](#): Mass every day from Sunday-Friday; Mass in Spanish every Sunday

On the Radio

- [Domestic Church Media](#): Masses is broadcast Sunday-Friday at 8 a.m., noon and 7 p.m. On Saturdays, Mass is broadcast at 8 a.m. only. Tune into WFJS 1260AM and WFJS 89.3FM. DCM also livestreams on its website, DomesticChurchMedia.org, as well as on its free Mobile App, and on the Amazon and Google home speaker devices.

- [Relevant radio](#): Daily Audio Mass 1 p.m. Livestream: Weekdays at 1 p.m.; Sundays at 10 a.m. and 12:30 p.m.